ABSTRACT OF THE DISCLOSURE

A central control system and method for controlling air conditioners. The central control system performs central control operations for the air conditioners according to an operation schedule or control command inputted from a central controller coupled to the air conditioners through an internal network or a remote controller accessible to an external Internet network. When the air conditioners are simultaneously operated, control signals based on the control command are adjusted to prevent electric power consumption from abruptly increasing and hence the stability and reliability of control can be improved. The central controller includes a touch screen-based monitor. A control program included in the central controller provides a timetable corresponding to a specified period. An operator can conveniently input/edit the operation schedule through a dragging operation performed on the monitor, and confirm the inputted/edited operation schedule.